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Instructions on how to make an origami heart

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SELF  
HEALING  
MAT

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Fold a square sheet of paper in half from both sides

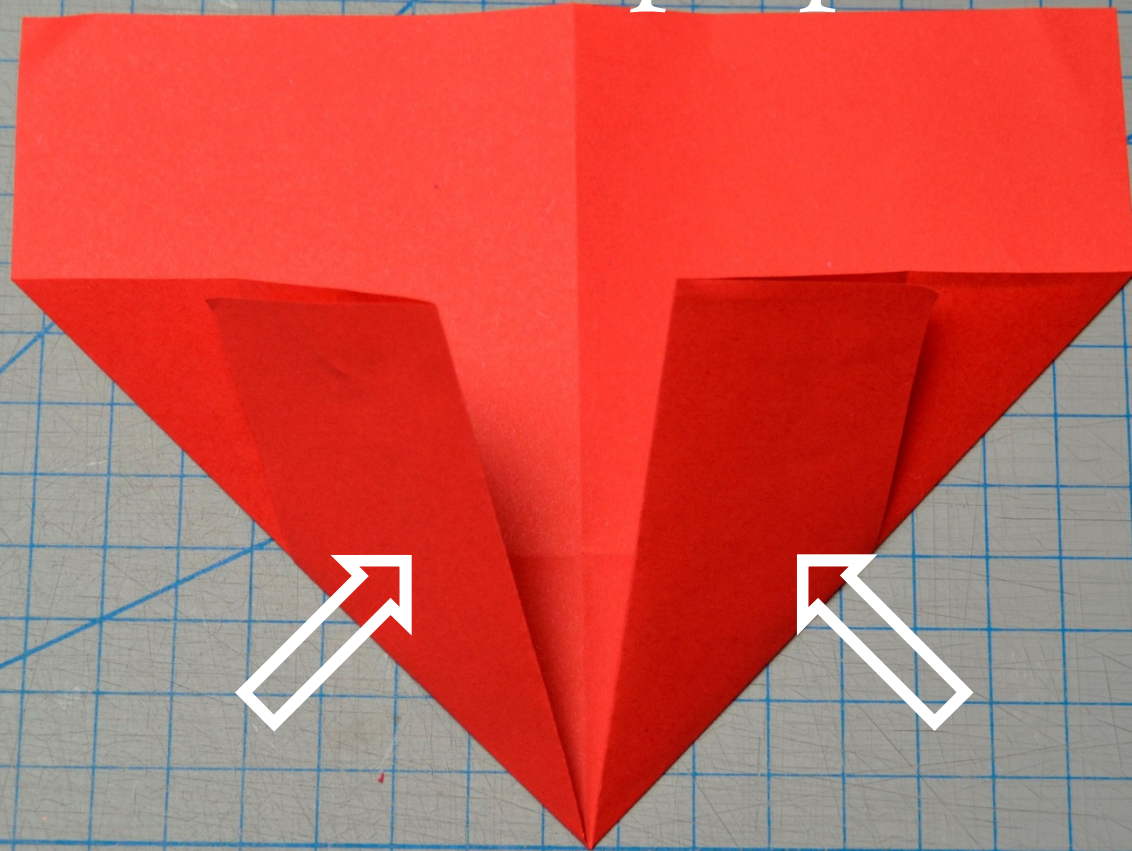
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Fold one side to the center

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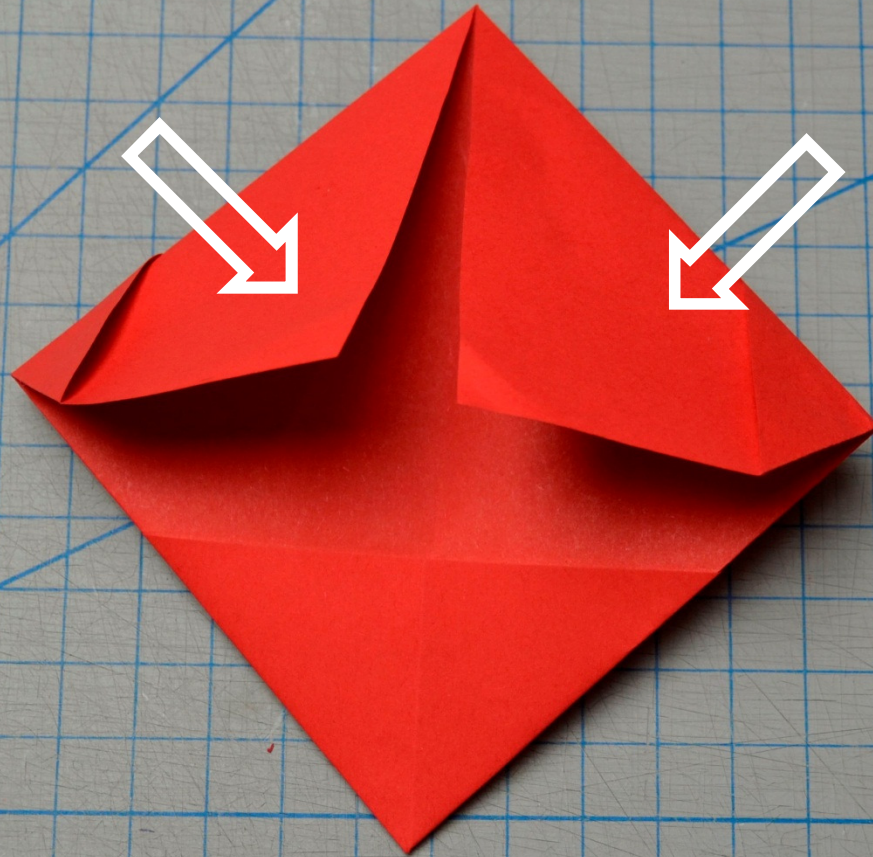
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Turn the paper over and fold the corners up

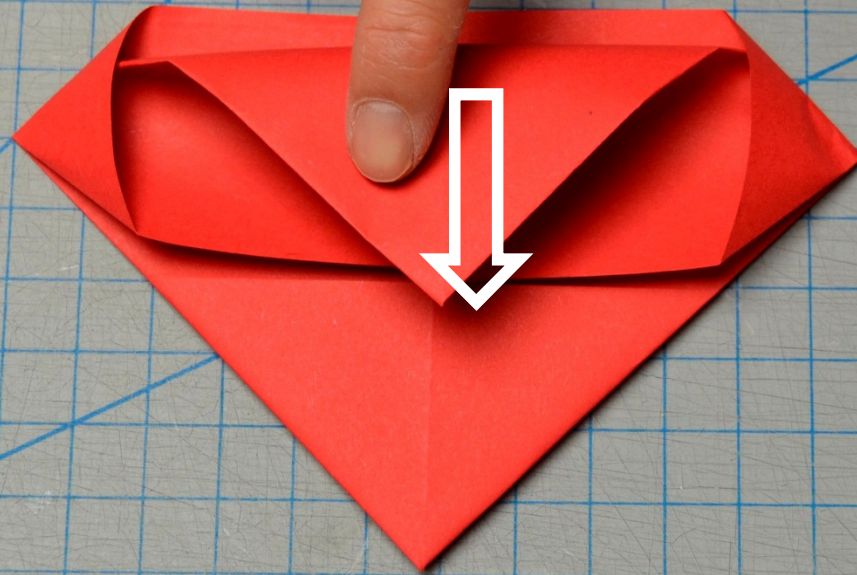
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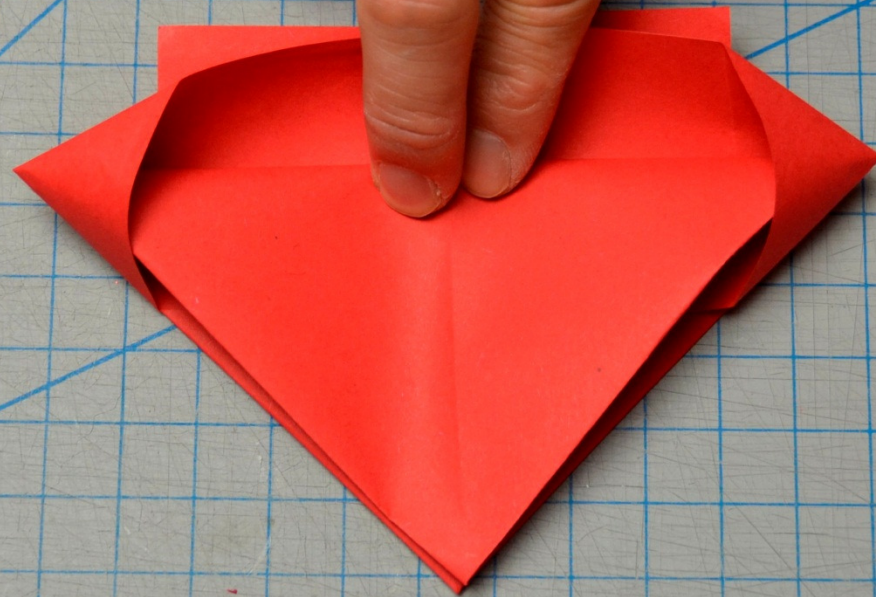
Turn the paper over again and fold the corners down

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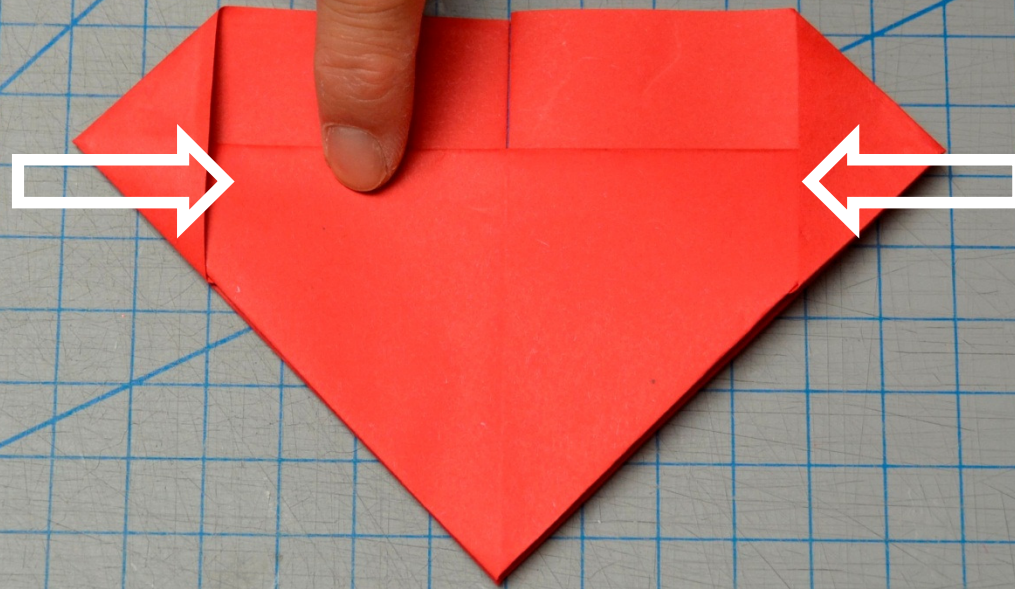
**Fold the top corner down**

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Fold the flap in the center

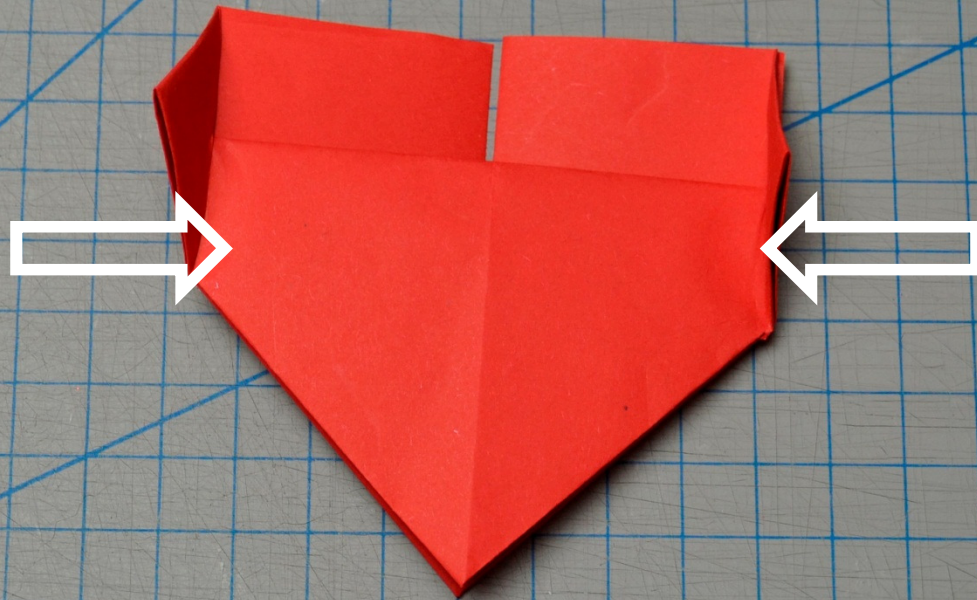
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Fold the side triangles down



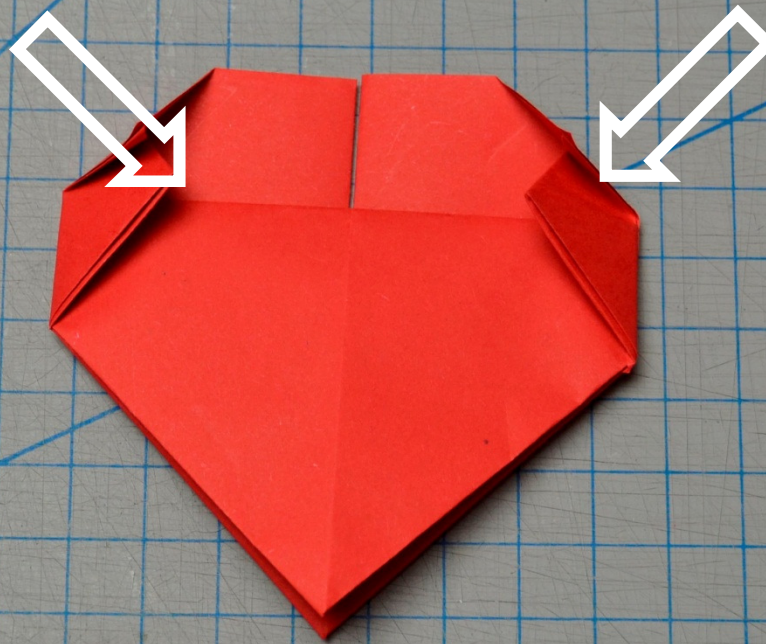
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Fold the side triangles inward

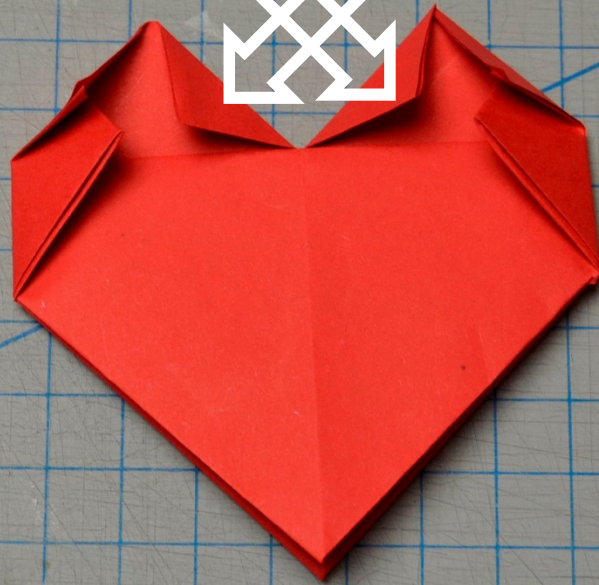
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Fold the top outside corners down

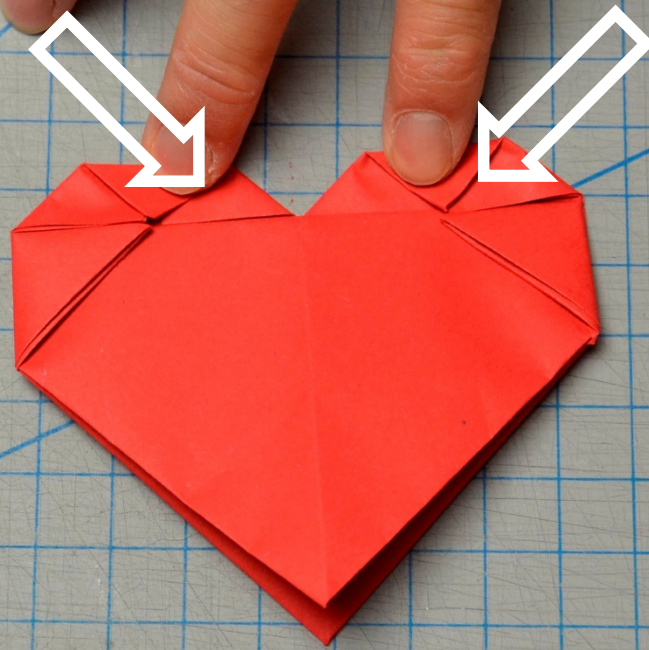
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**Fold the top inside corners down**

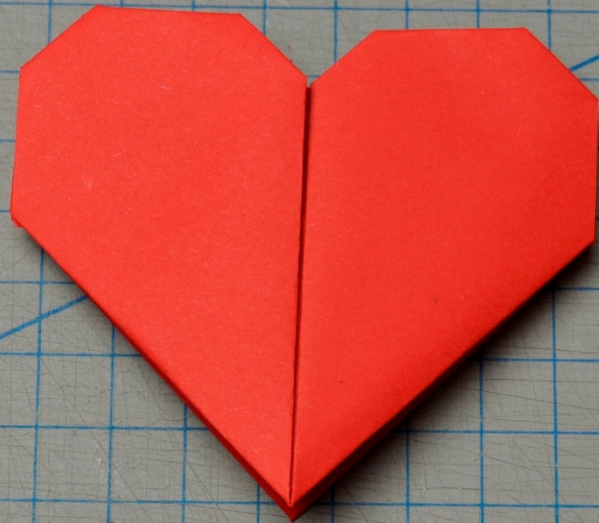
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Fold the top corners down

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Turn the heart over and you're done!

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